



News You Can Use

August 31, 2009

WELCOME BACK!!!

Student Activities is excited to kick off a new school year! Please stop by our office in Room 371 of the Student Activities Tower in the Indiana Memorial Union to check out our resources and to see how we can support your student organization throughout the year. Have a great first day back!

* Please note the change in day of distribution for News You Can Use (NYCU). We will now be sending out weekly editions on Monday afternoons, with submissions due to sao@indiana.edu on Fridays by 5:00 p.m. Thank you for continued support of NYCU!

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1) Volunteer Opportunity of the Week:

Hoosier Hills Food Bank

On Saturday, September 12 from 4-6pm Volunteers for Change (a group that consists of students and Bloomington citizens) will be going to Stranger's Hill Organic Farm to glean fresh fruits and vegetables for the Hoosier Hills Food Bank. Hoosier Hills Food Bank provides food to 99 pantries and shelters in

our area. Help us bring nutritious food to those in need! We will have carpooling opportunities from the campus area. Please email ejware@indiana.edu to RSVP or for more information.

Volunteer Network Fair at Farmer’s Market

Come to the Community Volunteer Fair on Saturday, September 5 from 9 a.m. to noon at the Farmers' Market (8th and Morton St.). It's free and it's a great way to meet the people at the agencies, to learn the ins and outs of what they do and why they do it, and to learn how you can make a difference! Over 40 organization representatives will be there to meet you, each offering ways that citizens of all ages, with all schedules, can find their niche. Community needs that volunteers can meet can also be viewed online, in a searchable format, at www.bloomington.in.gov/volunteer.

2) Leadership Opportunity of the Week:

IMU Facility Use Grant

Student Organization IMU Facility Use Grant

Student organizations provide opportunities for members to learn, explore, succeed, and fail at developing individual skills. Research concurs that experience from participation in a student organization have a positive impact on college students. This impact includes feeling valued as an individual and belonging to the campus community. With this in mind, the Indiana Memorial Union (IMU) has established a financial support grant opportunity for registered student organizations of Indiana University - Bloomington. This grant is designed specifically for financial assistance when a student organization hosts an event at the IMU.

For more info: Contact the IMU Activities & Events office at 855-4682.

3) Upcoming Events

MAPS Meet and Greet

Who: any freshmen interested in careers as physicians

When: Tuesday, Sept. 2 from 6 p.m. until 8 p.m.

Where: Indiana Memorial Union, in the Frangipani Room

Why: Welcome to IU! For those of you interested in pursuing a career in medicine, the Minority Association of Pre-Medical Students (MAPS) can be a fun, valuable resource for you as you pursue your undergrad Degree. Although MAPS was created specifically for minority students, you do not have to be a minority to participate. MAPS is dedicated to encouraging, retaining, and empowering students pursuing careers as physicians. By engaging in community service and outreach, we promote academic excellence, while acknowledging cultural accomplishments. Come on over for a chance to meet the current MAPS members, ask questions, get info about future events, and to just hang out and enjoy some snacks.

Student Involvement

When: September 9th, 2009 11:00 – 2:00 p.m. (rain date is 9/10/09)

Where: IMU Parking Lot

Why: Recruit new members! Volunteer opportunities! Network with other student groups, offices, and local non-profit agencies!

For more info: www.sao.indiana.edu or sao@indiana.edu

Student Organization Orientation

When: September 14th 6:00 – 8:00 p.m.

Where: Whittenberger Auditorium

Why: Come learn about various resources available on campus for your student organizations!

* A mandatory event for all student organizations interested in applying for funding through the IUSA Student Organizations Funding Board

For more info: www.sao.indiana.edu or sao@indiana.edu

2009 Retail & Design Career Fair₂

When: Wednesday, September 23, 2009 11:00 a.m. to 3:00 p.m.

Where: Indiana Memorial Union, Alumni Hall

Why: If you'd like an entry-level position or internship in research, design, manufacturing, merchandising, or retail sales and management, come meet with representatives of dozens of companies, including American Eagle Outfitters, Toys R Us, Sherwin-Williams, Wal-Mart, Kohl's, Target, and many others!

4) Additional Opportunities

Intramural Sports Registration!

Intramural Sports Registration OPENS Friday, August 29th for ALL FALL SPORTS

Deadline to Register 9/15 for Flag Football, Corn Hole, Golf Classic, Whiffleball

Deadline to Register 10/6 for Volleyball, Tennis, Ultimate Frisbee, M&W Indoor Soccer

Deadline to Register 11/17 for Dodgeball, Table Tennis

For more info: recsports.indiana.edu.

Volunteer/Intern with Homeward Bound

The Homeward Bound 5K Walk to Provide Housing and Fight Homelessness Committee is looking for an energetic, motivated and enthusiastic individual interested in supporting a great cause while gaining valuable experience serving as the Committee's Lead Sponsorship Recruiter. This volunteer/intern will work on community outreach and fundraising efforts for the Bloomington walk. A commitment of up to 8 hours per month between April-October and January-April is requested. Attendance at one committee meeting per month is required. Fundraising experience is helpful. Minimum age is 21.

For more info: www.bloomington.in.gov/homewardbound or the HB website at

www.homewardboundindiana.org/bloomington

Workshops with CAPS

Coping Skills for College Students

First four Mondays of each month from 3:15 - 4:45 @ CAPS (4th Floor of Health Center).

This series of free workshops will introduce college students to four different sets of coping skills. Each Monday of each month (September through November) we will explore a different set of skills to help students manage their moods, reduce stress, increase confidence and experience a greater sense of emotional well being. No reservations are needed. Students can attend as few or as many of the workshops as they like and in any order they desire.

The same segments will be repeated each month as follows:

First Monday - Stinkin' Thinkin': How Changing Your Thinking Can Change Your Mood

Second Monday - Improving Your Self-Esteem

Third Monday - Assertiveness: Learning to Ask for What You Need

Fourth Monday - Mindfulness: Finding Peace Through Acceptance of Yourself and Others

The Life Skills Series

The first three Thursdays of each month (September through November) from 4 - 5 p.m. @ CAPS (4th Floor of Health Center). This series of free workshops will introduce participants to three different sets of "Life Skills":

First Thursday - Conquer Procrastination

Second Thursday - Improve Your Relationships

Third Thursday - Nurture Yourself

Student Success Seminars

Student Success Seminars -- Thursdays from 12 - 1 p.m. from 10/1 - 11/19 @ Wells Library (Room E174)
Come by each Thursday for tips from different campus experts on how to get the most out of your college experience. These eight "seminars" are designed around the idea that being a successful student at IUB consists of "eight foundations of student success. Each Thursday a different campus expert will provide information, lead discussion and suggest resources for being "successful" in one of these eight areas. Free pizza will be served. Seating limited to 50 participants. Schedule of topics is as follows:

- 10/1 Successful Involvement on Campus
- 10/8 Forming Successful Relationships
- 10/15 Academic Success: Getting Higher Grades
- 10/22 Successful Career Planning
- 10/29 Successful Emotional Coping
- 11/5 Spiritual Success
- 11/12 Exercising for Success
- 11/19 Successful Eating

Student Organizations Policy Updates

Student Activities is excited to welcome back and provide resources for students for the upcoming school year. We have updated various policies this summer that will go into effect September 1, 2009, and we wanted to make sure the campus community was aware of the changes.

Changes in policies: student organization registration; constitutions; compliance with University policy; event planning; opening a financial account through SOA; and use of IU logos.

To view the Student Organization Handbook which contains these policies in addition to various resources for

student organizations and events, please visit our website: www.sao.indiana.edu

5) Culture Center News

ACC Welcome Reception featuring Live Music and Free food

Date: Friday, September 4th, 2009

Time: 5 - 7 p.m.

Venue: Asian Culture Center, 807 E. 10th Street

We promise you will have a great time meeting new friends and student leaders of Asian and Asian American student groups, learning about various student services, tasting Asian dinner fare, participating in games, and winning door prizes. Everyone is welcome and be sure to bring a friend! For information, please call us at (812) 856-5361 or email acc@indiana.edu

Need to add one course to fulfill your S & H requirement?

AAST A101 Introduction to Asian American Studies (3 cr.) S & H

Instructor Debra Dean; meeting time MWF 9:05-9:55 a.m.

In studying Asian American history from the nineteenth century through the present, we will also explore the diversity of groups brought under the umbrella of "Asian American." Readings on major events in the collective experience of Asian immigrants and their American-born descendants will be supplemented with the more personal accounts that are offered through poetry, fiction, personal essays, and/or film. These texts, which will touch on "Gold Mountain" and Manzanar, Yoko Ono and Vincent Chin, may serve as springboards into discussions not only about immigration, exclusion, and racial stereotyping, but also about the mainstreaming of things Asian, like sushi and curry, and the cultural/familial expectations and conflicts a "hyphenated American" must often negotiate. Students will have opportunities, both individually and in groups, to explore these issues within the broader context of American culture and to trace the line from this aspect of our shared past into the present.

Who Are APA? Luncheon Talk Series

Dates: Sept. 18, October 2, October 16, October 30, and Nov. 13

Venue: Asian Culture Center Lounge, 807 E. 10th Street (unless otherwise noted)

This is an informal roundtable lunch discussion that allows students and community members to talk about specific concerns that affect Asian Americans. This semester, we will be talking about relevant issues such as: Asian Americans and Politics

- The Absence of Asian American Pop Culture: Where are the Asian American Pop Stars?
- Laura Ling and Euna Lee: The Aftermath—The Role of American Journalists in Asian Geopolitics
- Lt Choi, A Gay Officer Discharged: Should he be discharged because of his sexuality?
- Asian and Asian American Men in American Pop Culture

Previous topics explored included: APA identity, misconceptions, model minority myth, APA and media representation, bi-racial culture, and others.

A light lunch provided to participants.

Choice of Colors: A Brown Bag Series

Dates and Venues: Sept. 24 - Neal Marshall Black Culture Center, October 8 - TBA,

October 22 - La Casa Latino Cultural Center, November 5 - Asian Culture Center

Time: 4 p.m.

A collaborative program sponsored by the Asian Cultural Center, Neal-Marshall Black Culture Center, First Nations Educational and Cultural Center, and La Casa Latino Cultural Center. We will explore these topics such as: Interrogating Diversity, Classification and Identity, Images of Minorities in the Media, and Interracial Relationships.

Crossroads: IU-Purdue Asian American Studies Conference

Don't miss this great learning opportunity!

September 25-26, 2009 - IU Bloomington

Email aasp@indiana.edu for more info or visit <http://aastudies.org/guest-profiles/>

More events at www.indiana.edu/~acc

Student Activities

Indiana Memorial Union room 371

<http://sao.indiana.edu>

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